



MARCH 2005 WINTER ADVENTURE RACE

EVENT SCHEDULE

START : bike

TRANSITION 1: bike ends and XC ski starts (you must bring your snowshoes with you).

TRANSITION 2: Nordic ski ends and snow shoe starts (you must leave your skis at the transition and our staff will take care of it)

TRANSITION 3: snow shoe ends and bike starts (you must bring your snowshoes with you).

FINISH LINE

For transitions #1 you must put your equipment in a bag well identified with your team number. Bags must be well sealed. You must bring your own bags.

Bag #1 (for transition #1) = Nordic ski equipment and snow shoes

Bag #2 (for transition #3) = food, drinks and clothes.

It is strongly recommended to put food, drinks and clothes in your bags.

There will be no bag at transition #2 but Raid Pulse will provide water.

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